



## Three vegetables bundles (Courgette link)

Harvested by hand, the vegetables are washed, sorted, cooked before being put in bundles and frozen.

Varieties selected for their taste

40g Bundles

# VEGETABLES BUNDLES (Zucchini link)



## Product detail

These bundles from Kenya ( Green Beans, Carrots and Bimi®) are packed in trays. These products are ideal with meats.

## Cooking Instruction



Traditional oven: 15 min at 145 ° c  
Steam oven: 18 min at 100 ° c



Microwave: 1.45 min to 750 W

## Detailed characteristics

### Reference

FTL01



6 161103 801353

### Certifications



### Packaging

Boxes of 4.8 Kgs  
bundles of 40g  
10 trays of 12 bundles (480g)  
64 boxes per pallet (307.20 Kgs)

**GLOBALG.A.P.**

## Nutritional Facts (per100g)

<b>Energy</b>	131 kJ / 31 kcal
<b>Fat Total</b>	0,1 g
<b>- Saturated</b>	<0,0 g
<b>Carbohydrate</b>	4,2 g
<b>- sugars</b>	3,3 g
<b>Fibers</b>	2,1 g
<b>Protein</b>	2,3 g
<b>Salt</b>	0.1 g

### Contact

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